

IN THE MIDST OF WINTER

Bereavement Support Groups sponsored by Visiting Nurse & Hospice of Fairfield County



*In the midst of winter, I learned that
there was in me an invincible summer.*

Albert Camus

WINTER SCHEDULE OF BEREAVEMENT SUPPORT GROUPS

At the Health & Wellness Center at I-Park, 761 Main Avenue in Norwalk:

Loss of a Parent <i>for adults grieving the loss of a parent</i>	Weekly on Wednesdays 1/18/12 - 3/7/12	4:00 – 5:30 pm
Loss of a Spouse <i>for adults grieving the loss of a spouse</i>	Weekly on Mondays 1/16/12 - 3/5/12	3:00 – 4:30 pm
	Weekly on Tuesdays 1/24/12 - 3/13/12	12 noon – 1:30 pm
Loss of a Loved One <i>for adults grieving a family member or friend</i>	Weekly on Mondays 1/23/12 - 3/12/12	6:00 – 7:30 pm
Caregiver Support <i>for those who are caring for a loved one</i>	Weekly on Tuesdays 1/10/12 – 2/28/12	1:30 – 3:00 pm
Bereavement Group for Men <i>for men grieving the loss of a loved one</i>	Weekly on Saturdays 1/21/12 – 3/10/12	3:00 – 4:30 pm
Loss of a Pet <i>for adults grieving the loss of a beloved pet</i>	Weekly on Wednesdays 1/11/12 – 1/25/12	6:00 – 7:30 pm
Loss of a Life Partner <i>for members of the LGBT community grieving the loss of a partner or loved one</i>	Weekly on Wednesdays 2/8/12 – 2/29/12	6:00 – 7:30 pm

These support groups are open to the public and there is no charge for participation. Pre-registration is required for all support groups. For more information, or to pre-register, call Karen Judd at 203-762-8958, extension 255. Check our website at www.visitingnurse.net for periodic updates to our schedule of support groups.

Visiting Nurse
& Hospice
of Fairfield County 

Formerly Nursing & Home Care and Mid-Fairfield Hospice