



## EXCELLENCE AND EXPERIENCE IN REHABILITATION

PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY  
AT VISITING NURSE & HOSPICE OF FAIRFIELD COUNTY



**KAROL BRUMIT, PT**  
*Bachelors Prepared*

**Education:** California State University, Long Beach

**Experience:** 15 years in acute care, rehabilitation and outpatient. 17 years of home care experience. Two years in a cerebral palsy school.

**Specialties:** Neurological conditions, geriatrics, adult elder fitness, orthopedics, backs/degenerative spines.



**DENISE CANTOR, PT**  
*Bachelors Prepared*

**Education:** New York University

**Experience:** 25 years experience including five in acute care, supervision at Columbia-Presbyterian; adjunct professor at New York University. Five years in home care.

**Specialties:** Neuropathy; co-author of *Exercising with Neuropathy*; adult and pediatrics, orthopedics and sports injuries.



**LARAINE CAPLAN, PT**  
*Masters Prepared*

**Education:** Quinnipiac University  
University of Capetown, South Africa

**Experience:** Eight years in acute care rehabilitation hospitals, four years in outpatient rehab, adjunct professor in neuro-physical therapy at Housatonic Technical College. 19 years in home care.

**Specialties:** Stroke management/adult hemiplegia, geriatrics, sports medicine and orthopedics.



**SUZANNE CLEARY, OT**  
*Masters Prepared*

**Education:** Boston University  
University of Massachusetts, Amherst

**Experience:** Eight years in acute hospital and rehab, five years program coordinator at Mount Sinai Hospital Spinal Cord Injury Model System. Seven years in home care.

**Specialties:** Spinal cord injury, traumatic brain injury, multiple sclerosis, neurological conditions, orthopedics and geriatrics.



**LISA COHEN DAHLSTROM, SLP**  
*Masters Prepared*

**Education:** New York Medical College

**Experience:** Nine years including six years in acute care in hospitals, and six years in public schools and home care.

**Specialties:** Adults and pediatrics, evaluation of speech, language and swallowing difficulties.



**ELIZABETH DEVINE, PT**  
*Bachelors Prepared*

**Education:** University of New England  
Certified by the International Weight Training Association in weight training, including weight training for the elderly.

**Experience:** Six years acute care and rehab hospitals, three years outpatient rehabilitation. 14 years in home care.

**Specialties:** Neurological conditions, orthopedics and geriatrics.



**JOAN DODDS, PT**  
*Bachelors Prepared*

**Education:** Columbia University  
East Stroudsburg University

**Experience:** Six years at Gaylord Rehabilitation Hospital, five years in outpatient rehabilitation. 15 years in home care.

**Specialties:** Exercise physiology, rehabilitation, geriatrics, orthopedics and spinal cord injury rehabilitation.



**JUSTINE DOLAN, SLP**  
*Masters Prepared*

**Education:** Southern Connecticut State University

**Experience:** Five years pediatric, four years hospital rehabilitation.

**Specialties:** Pediatric, dysphasia, cognitive linguistic deficits.



**MARC ESCARILLA, PT**  
*Masters Prepared*

**Education:** University of Miami

**Experience:** Six years acute care at Norwalk Hospital. Nine years of general rehabilitation.

**Specialties:** Orthopedics, cardiac rehabilitation and neurological rehabilitation.



**HELEN GOLDENBERG, OT**  
*Bachelors Prepared*

**Education:** New York University

**Experience:** Two years acute care, 12 years in outpatient rehabilitation, 24 years in home care.

**Specialties:** Geriatrics, neurological rehab, wheelchair adjustments.



**ELAINE HRISTON-ZECH, PT**  
*Bachelors Prepared*

**Education:** Columbia University

**Experience:** 30 years experience with an emphasis on orthopedics in acute care and outpatient care. Four years experience in home care.

**Specialties:** Orthopedics and sports injuries.



**NANCY JOSLYN, PT**  
*Bachelors Prepared*

**Education:** University of Connecticut

**Experience:** Ten years in sports medicine and outpatient rehabilitation. Fifteen years in home care.

**Specialties:** Sports medicine, certified in orthopedics, multiple sclerosis/spasticity, pain management.



**NANCY KINGMAN, OT**  
*Bachelors Prepared*

**Education:** University of New Hampshire

**Experience:** Acute care at the University of Virginia Medical Center and Yale New Haven Hospital Outpatient Services at the Rehabilitation Center of the Eastern Fairfield County for three years. Three years in home care.

**Specialties:** Neuro-developmental therapy, pediatric and adult rehabilitation.



**AMY MAKSON, PT**  
*Bachelors Prepared*

**Education:** Northeastern University

**Experience:** Three years acute care, 27 years in outpatient rehabilitation.

**Specialties:** Orthopedics, sports injuries, neurological conditions, myofascial release, the Mulligan Technique, manual therapy techniques.

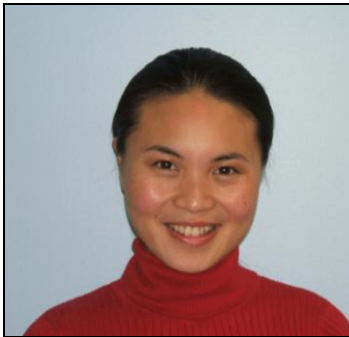


**ALLISON MCHUGH, PT**  
*Masters Prepared*

**Education:** Boston College, MS  
Boston College, BS

**Experience:** 11 years acute care at New England Sinai Regional Hospital.

**Specialties:** Neurology, orthopedics, amputations, cardiac and pulmonary rehabilitation.



**ALICE PLOMITALLO, PT**  
*Masters Prepared*

**Education:** Quinnipiac University, MS  
Quinnipiac University, BS

**Experience:** Five years including acute care at North Shore Long Island Jewish, Bronx Early Learning Center and Norwalk Rehab. One year home care.

**Specialties:** Adults and pediatrics.



**ROBIN RAPOSA, PT**  
*Masters Prepared*

**Education:** Queens College, MS  
SUNY, BS

**Experience:** 25 years in Physical Therapy. Cardiac rehab supervisor.

**Specialties:** Acute and chronic injuries, cardiac rehabilitation and pediatrics.



**GUS SCHLEGEL, OT**  
*Bachelors Prepared*

**Education:** Dominican College, BS

**Experience:** 14 years as an OT. OTR Psych in US Army. Outpatient rehab, school based OT, Home Care.

**Specialties:** Pediatrics.



**SHEELAGH SCHLEGEL, OT**  
*Bachelors Prepared*

**Education:** Trinity College of Dublin, Ireland

**Experience:** 28 years in outpatient and homecare OT.

**Specialties:** Adult and pediatric home care.



**MARLENE SPAHR, PT, ATC**  
*Bachelors Prepared*

**Education:** Central Connecticut State University, BS  
University of Hartford, BS

**Experience:** 15 years acute care at Norwalk Hospital,  
Honey Hill Care Center, Acute Rehab and  
four years home care.

**Specialties:** Certified athletic trainer, sports medicine,  
orthopedics.



**BEENA THOMAS, OT**  
*Masters Prepared*

**Education:** New York University  
University of Poona, India

**Experience:** Four years acute care, 10 years in sub-acute  
and outpatient rehabilitation. Seven years in  
home care.

**Specialties:** Lymphedema, geriatrics, orthopedics,  
shoulder repair and rotator cuff injuries.



**MELISSA VALLERA, PT**  
*Doctorate Prepared*

**Education:** Sacred Heart University, Doctor of  
Physical Therapy

**Experience:** Acute Care, Orthopedic Outpatient

**Specialties:** Certified personal trainer and sports  
medicine.

To inquire about Physical, Occupational or Speech Rehabilitation Therapy, or to make a patient referral, call Visiting Nurse & Hospice at Fairfield County at 203-762-8958.

Arrange for home health or hospice services by calling us directly  
at 203-762-8958 or 1-800-898-HOME.

Our services are available 24 hours a day, 7 days a week, 365 days a year.

For more information about Visiting Nurse & Hospice of Fairfield County  
log on to our website at [www.visitingnurse.net](http://www.visitingnurse.net)