

Medication Management Program

Many older adults take prescription medications along with nutritional supplements and over-the-counter drugs. While these medications help to manage a variety of health conditions, medication-related side effects and interactions do occur.

FACT: About one in three hospitalizations is related to adverse drug effects due to taking medications incorrectly.

FACT: More money is spent to treat medication-related problems than is spent on the total cost of medications.

Visiting Nurse & Hospice of Fairfield County offers a program to inform and educate about:

- Understanding the drug facts label
- Six questions to ask about prescription medications
- Facts about generic vs. brand name medications, nutritional supplements and taking antibiotics wisely.
- Consumer safety when purchasing prescription drugs online.
- Important drug-drug, drug-food, and drug-condition interactions.
- Traveling safely with your medications.

All participants will receive an educational packet and can enter to win a free medication organizer. For more information about scheduling this program, call 203-762-8958 ext 312.

Visiting Nurse
& Hospice
of Fairfield County 

Formerly Nursing & Home Care and Mid-Fairfield Hospice